# THE 5 LEVELS

# of Behavioral Health Support and Intervention



#### LEVEL 5 PERVASIVE BEHAVIORAL SUPPORT

· Residential treatment



#### LEVEL 4 FOCUSED BEHAVIORAL SUPPORT

- Day treatment program
- Public or private MH supports
- Small group and individual support



#### LEVEL 3 SPECIFIC BEHAVIORAL SUPPORT

- Small group instruction
- Behavioral plan
- Public or private MH supports
- Functional behavioral evaluation
- Structured behavioral support classrooms



### LEVEL 2 INDIVIDUAL STUDENT SUPPORT

- Check-in/Check-out
- Behavioral plan
- Parent/teacher meetings
- Counselor groups
- Sensory break
- Mentorship programs
- Possible public or private mental health supports





## LEVEL 1 SCHOOL-WIDE SUPPORTS

- Positive Behavioral Intervention Supports (PBIS)
- · Assemblies & spirit days
- · Citizenship, leadership & civic learning
- School counselor classroom social learning